

AMERICAN MEDICAL MASSAGE NETWORK

Health Information Intake Form & Contract

A. Client Information:

Full Name: _____ Male Female
Home Address: _____ Tel: _____ (Home)
_____ Tel: _____ (cell)
Email Address: _____
Date of Birth: _____ Weight: _____ Social Security # _____
Occupation: _____ Employer: _____ Tel: _____
Emergency Contact: _____ Relationship: _____
Cell Tel: _____ Email: _____

B. Health Information: Please include Rx, pain-relievers, over-the-counter drugs (OTC) herbal remedies, Homeopathic or Natural Medicine, Vitamins/Minerals, etc.

* Current Medications: _____
* Past Medications: _____
* Blood Pressure: (Systolic/Diastolic): _____ Smoking: Yes No - Vaping: Yes No

C. Health History: Please list & explain: Include approximate dates & treatment received. Note if still under Primary-Care's care for anything listed.

Surgeries: _____

Injuries: _____

Have you had **COVID**? Yes No - Are you vaccinated: Yes No - **Monkey Pox**: Yes No

Major Illnesses and/or disabilities: _____

Psychological or Mental Health: _____

D. Current Conditions: Please check **ALL** that apply. Please feel free to comment – as necessary:

- | | |
|-----------------------------------------------------------|-----------------------------------------------------------|
| <input type="checkbox"/> Anxiety _____ | <input type="checkbox"/> Neck, Shoulder or Arm Pain _____ |
| <input type="checkbox"/> Auto-Immune Disorder _____ | <input type="checkbox"/> Numbness or Tingling _____ |
| <input type="checkbox"/> Arthritis _____ | <input type="checkbox"/> Osteoporosis _____ |
| <input type="checkbox"/> Backache _____ | <input type="checkbox"/> Pain _____ |
| <input type="checkbox"/> Bruise Easy _____ | <input type="checkbox"/> PTSD _____ |
| <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> Seizures _____ |
| <input type="checkbox"/> Cardiovascular _____ | <input type="checkbox"/> Sinus Problem _____ |
| <input type="checkbox"/> Carpel Tunnel Syndrome _____ | <input type="checkbox"/> Sleep Disturbances _____ |
| <input type="checkbox"/> Chronic Fatigue Syndrome _____ | <input type="checkbox"/> Spasms, Cramps _____ |
| <input type="checkbox"/> Cystic Fibrosis _____ | <input type="checkbox"/> Spinal Problem _____ |
| <input type="checkbox"/> Depression _____ | <input type="checkbox"/> Stiff or Painful Joints _____ |
| <input type="checkbox"/> Dermatitis (Skin Problems) _____ | <input type="checkbox"/> Varicose Veins _____ |
| <input type="checkbox"/> Diabetes _____ | <input type="checkbox"/> Weak or Sore Muscles _____ |
| <input type="checkbox"/> Fibromyalgia _____ | <input type="checkbox"/> Weight Gain/Loss _____ |
| <input type="checkbox"/> Headache & Migraine _____ | <input type="checkbox"/> Other: _____ |

E. Allergies:

- Scents, Oils, Lotions: _____
- Detergents, Fabric Softeners: _____
- Other: _____

F. Activities of Daily Living: Please check any which are currently aggravated or limited:

- | | | |
|----------------------------------------|-------------------------------------|----------------------------------------------|
| <input type="checkbox"/> Work | <input type="checkbox"/> Running | <input type="checkbox"/> Playing with Family |
| <input type="checkbox"/> Computer Work | <input type="checkbox"/> Bending | <input type="checkbox"/> Recreational Sports |
| <input type="checkbox"/> Driving | <input type="checkbox"/> Lifting | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Sitting | <input type="checkbox"/> House Work | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Standing | <input type="checkbox"/> Self-Care | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Walking | <input type="checkbox"/> Sleep | <input type="checkbox"/> _____ |

Contract for Care: In signing, I the client, understand & agree that Massage Therapy is for Pain Reduction, General wellness purposes, for stress reduction, and that the Massage Therapist;

- Has the right to refuse treatment if client appears to be under the influence of drugs/alcohol, high blood pressure or for other undisclosed reasons.
- Will never touch genitals, females breast tissue or other areas clients instructs therapist not to touch
- Is not trained to, and does NOT diagnose physical/mental illness or disease or prescribe medical treatments, spinal manipulations or pharmaceuticals.

It is the client’s responsibility to seek appropriate healthcare provider for diagnosis & treatment of any suspected medical problem and to inform the massage therapists of any existing or potential health conditions. In signing this contract, the client/parents/caregiver expressly gives her/his consent to the appropriate massage, as determined by the Therapist. The client, parent(s) and/or registered caregiver (**please circle or underline**) expressly releases the Therapist, her/his staff, American Medical Massage Network Organization (AMMN), the AAIE and all administrators & staff, etc. of any liability whatsoever.

Signature of Client: _____ Date: _____

Signature of Parents/Guardian/Caregiver: _____ Date: _____

I allow do not allow you to communicate with my healthcare provider & health insurer to keep them informed of this massage therapy treatment. We highly recommend that your physician/insurer be made aware of all treatments you are getting, including any OTC, Vitamins, etc. If you wish, we would be happy to send a report to your physician health insurance company _____.

Name of your Physician: _____ City/State: _____ Tel: _____

Health Insurance Company: _____ Policy # _____ Expiry Date: _____

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Time started: _____ Time finished: _____ Oil/Lubricants Used: _____

Comments: _____

Date: _____ Amount Due/Paid: _____ Name/Signature of Therapist: _____

• Health Insurance companies generally do not pay for massage, but we can try to negotiate for such coverage. We would be happy to adjust the reimbursement from your cost.

Click Button to SUBMIT