

## MEDICAL MESSAGES

TMT-301	Medical Massage (General)	45
TMT-302	Anxiety Disorders Massage	45
TMT-303	Auto-Immune Disorders Massage	45
TMT-305	Arthritis Massage	45
TMT-307	Backache Massage	45
TMT-310	Cardiovascular Massage	45
TMT-312	Carpel Tunnel Syndrome Massage	45
TMT-314	Chronic Fatigue Syndrome Massage	45
TMT-315	Cystic Fibrosis Massage	45
TMT-316	Massage for Depression	45
TMT-318	Dermatitis Massage	45
TMT-320	Diabetes Massage	45
TMT-321	Dry Skin Massage	45
TMT-322	Fibromyalgia Massage	45
TMT-324	Hair Loss Massage	45
TMT-325	Headache & Migraine Massage	45
TMT-327	Multiple Sclerosis Massage	45
TMT-330	Oncology (Cancer) Massage	45
TMT-335	Orthopedic Massage	45
TMT-340	PTSD – Massage	45

## MISC. EDUCATIONAL PROGRAMS

TMT-402	Acupressure & Cupping	45
TMT-403	Aromatherapy	45
TMT-404	Grief Recovery	45
TMT-405	Health Counseling & Coaching	45
TMT-406	Natural Medicine	45
TMT-407	Pilate	45
TMT-408	Polarity	45
TMT-409	Reflexology	45
TMT-410	Reiki & Healing Touch	45
TMT-411	Shiatsu	45
TMT-412	Tai-Chi & Qi Gong	45
TMT-413	Trigger Point Therapy	45
TMT-414	Trans-Cultural Health	45
TMT-415	Yoga & Meditation	45
TMT-416	Nutrition & Health	45

**ENHANCE YOUR KNOWLEDGE.  
GET YOUR CERTIFICATION & BECOME A SPECIALIST**

## MASSAGE THERAPY INSTRUCTOR PROGRAM

- 19-courses 30-hrs each) - 570 Clock Hours  
– Tuition: \$2,970
- Individual courses can also be taken for 45-hours each

TMT-501	Introduction to Teaching
TMT-502	Fundamentals of Adult Learning
TMT-505	Pedagogy in Teaching Massage
TMT-506	Teaching Massage Theory & Practice
TMT-507	Teaching & Managing a Diverse Class
TMT-510	Introduction to Clinical Training in MT
TMT-515	Pathology- Integumentary System
TMT-516	Pathology-Musculoskeletal System
TMT-517	Pathology- Nervous System
TMT-518	Pathology- Circulatory System
TMT-519	Pathology- Lymphatic System
TMT-520	Pathology- Respiratory System
TMT-521	Pathology- Digestive System
TMT-522	Pathology- Endocrine System
TMT-523	Pathology- Urinary System
TMT-524	Pathology- Reproductive System
TMT-530	Trans-Cultural Health
TMT-550	Independent Study in Teaching Massage
TMT-590	Teaching Research Literacy in Massage

- **Approved & Licensed by the State of Michigan**
- **Member – American Massage Therapy Association (AMTA)**
- **Member - Alliance for Massage Therapy Education (AFMTE)**

In conjunction with Faculty of Health & Medicine

### AMERICAN ACADEMY OF INTERNATIONAL EDUCATION

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Tel: 248-822-6000 - 586-573-7300

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## MEDICAL MASSAGE



American  
**MEDICAL MASSAGE**  
Network

**SPECIAL EDUCATIONAL  
PROGRAMS FOR  
AMERICAN MEDICAL  
MASSAGE NETWORK  
AFFILIATES**

**Medical Massage Specialists** are very much in demand as the evidence-based research proves significant benefits of specialized massage for myriad of health conditions & diseases. The Opioid Crisis and substantial increase in patients with Chronic Pain, PTSD, Anxiety & Depression has elevated the status of well-qualified, better-trained and experienced massage therapists.

According to American Massage Therapy Association (AMTA) report, Massage Therapy is now a well-accepted non-pharmacological therapy for managing pain. It is recognized by the National Institute of Health (NIH), and included in non-pharmacologic pain guidelines issued by the Joint Commission, as well as the American College of Physicians (ACP), and the Federation of State Medical Boards. It is also recognized by the Department of Defense and the Veterans Health Administration as an effective treatment for chronic pain. The Attorney Generals of more than 37 states have asked Health Insurance companies to include coverage for massage therapy as an alternative to opioids.

The American Medical Massage Network (AMMN), is the only national 'Specialized Massage Therapy' organization in America, with 'Specialists' in every state. It is closely working with the hospitals, medical societies, health providers & insurance companies to recognize 'Medical Massage Specialists', referring patients to AMMN affiliates. It has also contacted CMS (Center of Medicare & Medicaid Services) to recognize & pay qualified massage therapist, to help reduce the burgeoning cost of healthcare.

AMMN, being affiliated with the Faculty of Health & Medicine of the American Academy of International Education ([www.americanacademyedu.org](http://www.americanacademyedu.org)) has introduced many programs to enhance the knowledge of medical massage, including:

**1. Pre-Health Specialization Program for Massage Therapists** – a 100-hour (10credit) program in Basic Sciences & Clinical Science, followed by a 20-hour internship at hospitals & clinics, shadowing the medical specialists, to learn first-hand how medical specialists treat their patients, and show the health providers, first-hand, how massage can benefit their patients with non-pharmacological treatment.

**2. Medical Education for Massage Therapists** – an online & on-campus series of seminars/workshops for 104 different health conditions & diseases.

**3. Academic & Continuing Education** Program with nearly 100 different massage therapy modalities to help massage therapists become highly qualified.

This brochure outlines most of these Academic & CE Programs. Many of these can be taken online, but for some courses, labs and practical training is necessary and will be provided either locally or at various regional centers, according to the need & demand.

The Tuition Fee for all programs is only \$5.00 per hour for AMMN Affiliates.

Course #	Course	Hrs.
TMT-101	Intro to Therapeutic Massage	25
TMT-102	Healthcare & Bodywork	25
TMT-104	Laws, Regulations of Healthcare	10
TMT-105	Human Anatomy & Physiology-1	45
TMT-106	Human Anatomy & Physiology-2	45
TMT-107	Clinical Kinesiology	35
TMT-109	Fundamental Principles of Massage	20
TMT-110	Pathology & Pathophysiology	40
TMT-112	Effects of Touch, Massage & Bodywork	30
TMT-115	Physical Exam, History, Assessment & Care Plan	30
TMT-117	Communication Skills for M/T	20
TMT-120	Self-Care & Prevention of Burnout	20
TMT-121	Self-Massage	20
TMT-123	Therapeutic Environment	20
TMT-130	Application of Techniques	45
TMT-125	Wellness Model	30
TMT-127	Clinical Reasoning & Treatment Planning	30
TMT-129	Organization & Management of Client Sessions	30
TMT-132	Equipment & Supplies	20
TMT-135	Professional Boundaries	30
TMT-136	Professional Ethics	10
TMT-137	Documentation & Client Records	15
TMT-138	Business of Massage Therapy	15
TMT-140	Research Literacy & Thesis	15
TMT-150	Independent Study in Massage Therapy	45
TMT-190	Research in Therapeutic Massage	45

## SPECIAL MASSAGE MODALITIES

TMT-151	Soft Tissue Massage	45
TMT-152	Deep Tissue Massage	45
TMT-154	Therap. Treat't of Head, Neck & Foot	45
TMT-155	On-Site (Chair) Massage	45
TMT-156	Baby Massage	45
TMT-160	Face Lift Massage	45
TMT-162	Geriatric Massage	45
TMT-170	Hot Stone Massage	45
TMT-172	Sensual Massage	45
TMT-175	Lymphatic Massage	45
TMT-177	Hydrotherapy	45
TMT-178	Myofascial Massage	45
TMT-179	Myotherapy	45
TMT-180	Neuromuscular Massage	45
TMT-182	Orthopedic Massage	45
TMT-183	Orthobionomy Massage	45
TMT-184	Chronic Pain Massage	45
TMT-185	Pregnancy (Pre & Perinatal) Massage	45
TMT-186	Sports Massage	45

## INTERNATIONAL MASSAGE MODALITIES

TMT-201	African Massage	45
TMT-203	Ayurvedic (East Indian) Massage	45
TMT-208	Chinese Massage	45
TMT-210	Jamu (Indonesian) Massage	45
TMT-212	Lomi-Lomi Hawaiian Massage	45
TMT-215	Maya Abdominal Massage for Women	45
TMT-216	Maya Abdominal Massage for Men	45
TMT-218-	Oriental (Japanese) Massage - Amma	45
TMT-220	Swedish Massage	45
TMT-225	Thai Massage	45

TMT-401-A	CPR & First Aid - Adults	8
TMT-401-B	CPR & First Aid – Baby/Infants	8