

## SELF-CARE HEALTH SEMINARS FOR CONSUMERS

Dynamic & Comprehensive 3-hour Seminars on Health Conditions & Diseases, designed for Self-Care for consumers, healthcare students & professionals, interested in learning about:

- How a disease or health condition develops
- Signs & Symptoms
- Diagnosis & Prognosis of a disease
- What can you do to prevent diseases
- Treatment Options – traditional & non-traditional  
(including nutritional, self-care, naturopathy, homeopathy, massage, etc.)

**Fee:** Online: \$29.00 pp    On-Campus: \$39.00pp    *Special Seminars available at your location for groups of 10 or more.*

- **These seminars are for educational purposes only and NOT intended to give any personal health advice, which should be obtained directly from your physician or a licensed healthcare professional.**

1	Acupuncture/Acupressure/ Cupping	35	Ear Infection	69	Irritable Bowel Syndrome
2	Addiction	36	Eating Disorders	70	Kidney Disease
3	Allergies	37	Edema	71	Leg Cramps
4	Alzheimer / Dementia	38	Emphysema	72	Lupus
5	Anxiety Disorders	39	Epilepsy	73	Male Health
6	Arthritis	40	Eye Disorders	74	Massage Therapy
7	Asthma	41	Female Health	75	Meditation & Yoga
8	Attention Deficit Disorders	42	Fibrocystic Disease	76	Memory Problem
9	Autism	43	Fibromyalgia	77	Menopause
10	Ayurvedic Medicine	44	First Aid & CPR	78	Mental Health
11	Back Pain	45	Food Poisoning	79	Multiple Sclerosis
12	Bad Breath (Halitosis)	46	Foot Care	80	Naturopathic Medicine
13	Bed-Wetting (Enuresis)	47	Fungal Infections	81	Obesity
14	Breast Cancer	48	Gastrointestinal Disease	82	Osteoporosis
15	Bursitis	49	Gallbladder Disorder	83	Pain – Chronic
16	Cancer – General	50	Gout	84	Parkinson’s Disease
17	Candidiasis	51	Hair Loss	85	Phobia
18	Cardiovascular Disease	52	Hay Fever	86	Premenstrual Syndrome- PMS
19	Carpal Tunnel Syndrome	53	Headache / Migraine	87	Prostate Problem
20	Celiac Disease	54	Heartburn	88	Psoriasis
21	Children’s Health	55	Hemorrhoids	89	PTSD
22	Chinese Medicine	56	Hepatitis	90	Reflexology
23	Chronic Fatigue Syndrome	57	Herbal Medicine	91	Reiki / Healing Touch
24	Cirrhosis of Liver	58	High Blood Pressure	92	Relationships
25	Constipation	59	High Cholesterol	93	Schizophrenia
26	Cystic Fibrosis	60	Homeopathic Medicine	94	Sexual Diseases (STD)
27	Dandruff Problems	61	Hormone Replacement	95	Skin Diseases
28	Dental Care	62	Hypnotherapy	96	Sleep Disorders
29	Depression	63	Hyperthyroidism	97	Snoring
30	Detoxification	64	Hypothyroidism	98	Stress Management
31	Diabetes	65	Indigestion	99	Stroke
32	Diet / Nutrition - Foods for Health	66	Infertility	100	Ulcer
33	Dizziness / Vertigo	67	Inflammation	101	Varicose Veins
34	Dry Skin	68	Immune System Deficit	102	Weight Loss/Management

### AMERICAN ACADEMY OF INTERNATIONAL EDUCATION

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in conjunction with the Multicultural Council of America, A non-profit 501 (c) (3) Charitable Organization, established, since 2001

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